

Help from Local Businesses



Based in West Bridgford, this family run grocery not only offers a huge range of locally grown fruit and vegetables but also dairy produce, bread and a range of products dedicated to different dietary requirements. To help those who cannot get to a shop or supermarket they have now extended their **free delivery service** to a much larger area. Telephone The Fruit Basket on 0115 981 7014 or email: sales@thefruitbasketdirect.uk .



This local taxi firm are offering to pick up prescriptions and pre-paid shopping orders and deliver them **free of charge** to people who are self-isolating or are vulnerable. These journeys will be undertaken when drivers are free from fee paying bookings, so during busy times there may be a short wait for the delivery. To arrange assistance telephone Yellow Cars on 0115 981 8181.